The Fruit Exchange

Brought to you by:



Making use of all your fresh, local, home-grown fruit and veg.



So much fresh produce goes to waste every year because people don't know what to do with it or can't harvest it themselves. The Fruit Exchange connects people who have surplus produce with a local food outlet who can use it and who will provide a voucher in exchange.





HOW TO **GFT INVOLVED**:

JOIN AS A BUSINESS: Could you use free locally grown fresh produce?

BE A FRUIT WARDEN: Could you help us spread the word in your local area?

SAVE AND EXCHANGE: Surplus fruit and veg from gardens, allotments, schools, fields... anywhere!

VOLUNTEER: Could you help us harvest or deliver when the owner can't?

For more information and to see a list of participating businesses and places to take your fruit go to our website: www.downtoearthstroud.co.uk f B

Call: 07545 383662 Email: fruitexchange@downtoearthstroud.co.uk